

# Guidelights

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EDMONDS UNITED METHODIST CHURCH NEWSLETTER

NOVEMBER 2023 | VOLUME 69 - ISSUE 8

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## **R.I.P. Beloved Tree**

**Upon examination by an arborist recently it was determined that this beloved tree is dying and needs to be removed. Staff started noticing in late summer that the needles on the tree had all turned dark brown. Not a good sign. And sadly, it means our tree has come to the end of its life. The tree is scheduled for removal on Thursday, November 30 at 8am. A vigil for the tree is being planned.**

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## LAND ACKNOWLEDGEMENT

*We live, work, and worship on the ancestral lands of the Coast Salish people, most notably the Snohomish Tribe, who fished off these shores and gathered clams, cattails, and more in the marsh of Edmonds long before the arrival of settlers. We uphold their dignity and sovereignty as Nations unto themselves and seek to live in understanding and community with them.*

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# Letter from the Pastor

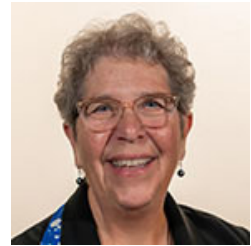
As I write this it is a dark and rainy night in late October. Fall is definitely here, and the energy and enthusiasm at Edmonds United Methodist Church is tangible as we prepare for our Strategic Planning Retreat on Saturday, November 11 right here in Kennedy Hall. Come at 9:30 to get checked in, find your table, grab a little morning refreshment and connect with your friends. We will start the retreat promptly at 10 am because we have a lot of work to do together!

Our goal for the day is to identify 5 priorities for the work of our church in the next 5 years. The priorities will guide us in our decision-making around where we spend our resources (both volunteer and staff time, as well as money), how we connect with the greater Edmonds community around us, and how we share God's transformative love with each other and the world. These priorities will not be all that we do as a church - but they will help to coalesce our efforts so that we can be more effective disciples of Christ.

This Strategic Planning process is being driven by the congregation, for the congregation and with the congregation—because the congregation is the church! If you have not yet registered for the Strategic Planning Retreat, there is still time to do so. Registration will close on Sunday, November 5 so that we will know how many lunches to prepare, how many packets

to provide, how many name tags to create, etc.

We will do good work together on November 11, and we will have some fun while we are at it! (Remember, I promised door prizes?) The process will be led by our EUMC Team of Keith Skore, Theresa Greco, Diana Nielsen and myself, along with our Organizational Development consultant, Dana Brown. For her full bio go to page 6.



Pastor Donna Pritchard

See you November 11th!

Grace and Peace,  
Pastor Donna

**"This Strategic Planning process is being driven by the congregation, for the congregation and with the congregation—because the congregation is the church!"**

## Sermon Calendar

### November worship

Nov. 5	All Saints Sunday	Luke 6:20-34	"A Cloud of Witnesses"
Nov. 12	Veterans Sunday	Story of Esther	"Taking the Lead"
Nov. 19		Philippians 4:4-9	"Whatever is Commendable"
Nov. 26		Hebrews 4:12-16	"Grace is a Given"

# Calendar/Events

## MONTHLY:

Communion Sunday - 1st Sunday of the month

Foundry Service - 1st Sunday of the month 6-7:00 pm in the sanctuary

Potluck & Game Night - Note change to 1st Friday, November 3, 6-8:00 pm in the Wesley Room

Meet & Greet with the Pastor - 2nd Sunday of the month in the Library following worship

## COMING EVENTS:

Day Light Savings, November 5 - don't forget to set your clocks back

All Saints Day, Sunday, November 5

All Church Strategic Planning Retreat - Saturday, November 11, 10:00 am - 3:00 pm

Evergreen Ensemble, Grief & Gratitude, Saturday, November 11, 7:00 pm, Sanctuary

Administrative Board Meeting, Nov. 21, 6-7:00 pm open meeting, 7-8:00 pm Board members only

## COMING EVENTS IN DECEMBER\*

Holiday Bazaar, December 1-2, 10:00 am - 3:00 pm in Kennedy Hall

First Sunday of Advent, December 3

Christmas Concert, December 10, 6:00 pm - in the Sanctuary

All Church Carrol Sing and Christmas Party, December 17

Longest Night Service, Dec 21, 6:00 pm, in the Sanctuary

\*Complete Advent and Christmas Schedule will be in the December Guidelights and on the website soon!

## “Meet & Greets” – with the Pastor

The 2nd Sunday of each month, newcomers to EUMC are specially invited to join Pastor Donna in the library immediately following worship for a time to connect, ask questions about the church, and begin to get acquainted. If you’ve only been here a few times, or if you have a burning question that’s been on your mind, please don’t miss this chance to “Meet and Greet”.



\*While this is typically a 2nd Friday of the month event, we're changing the date this month due to the Retreat.

Come join your community for a casual all ages potluck and game night at EUMC in the Wesley room, Friday 11/3/23, 6:00 pm - 9:00 pm.

Invite your friends, everyone welcome!

Sign up [HERE](#):

We are a hybrid church. We invite you to join us in the sanctuary or online on our website, [www.edmondsumc.org](http://www.edmondsumc.org) or on our Facebook page, [www.facebook.com/edmondsumc](http://www.facebook.com/edmondsumc)

# Life in the Church



Look for the white paper hanging on the Art Wall in the hallway opposite the restrooms. Stop and look at the names handwritten on the paper. Then pick up a pen and add yours. God knows your name too. Thank you to Loucinda White, Art Wall coordinator.

ART WALL FOR ADVENT - all for artwork with an advent theme. Will be on display mid-November through January. Contact Loucinda White.



Ken & Teresa Bergsman, Annette Agresta, and Tanya Sharp (behind Annette)

## New Member Luncheon



Jennifer & Olive Leonov



Chona Ocampo and her nephews Enzo & Ethan

## Coffee Hour Team providing gluten free and dairy free!



### A BIG thank you to Barb Steller!

Nutpods is a wonderful non-dairy alternative coffee creamer. Our Coffee Hour Team is the best! There is always an assortment of wonderful gluten free treats and now non-dairy creamer! You absolutely made my day! (Diana)



## Caring for the Caregiver series



There was a good turnout for the first in a series of three sessions for caregivers presented by the Stephen Ministers. It's not too late to join the next two sessions at 11:15 am in the Wesley Room.

**"Communication Skills" on Sunday, October 29**

**"Emotions and Decision-Making" on Sunday, November 5**



Claudia Carr shares information with attendees on caring for the caregiver

# Preparing for the Retreat on November 11

## Meet Rev. Dana L. Brown, from Portland, Oregon, our Retreat Facilitator

Rev. Brown is passionate about helping non-profit organizations, communities of faith and government agencies build capacity to fulfill their missions. She knows firsthand the challenges and opportunities these groups face, having had four decades of experience leading and strengthening groups through consulting. Dana's strongest skills lie in facilitation, writing and training, focusing on the areas of planning, fundraising, communication and leader development.

She has worked with a broad range of non-profits, including community action agencies, multi-issue coalitions, health organizations, LGBTQIA groups, organizations of color, community development corporations, environmental groups, social change and social service agencies, schools, advocacy groups, and faith communities.



Dana brings a wealth of experience - and an abundance of good humor, wisdom and grace to her work. I am certain she will lead us well and that you will not want to miss this exciting opportunity to "be church" together.

*"Dana is a skilled, focused, compassionate and effective facilitator. I would recommend her to any organization. She is the Best!"*

*- Bobby Weinstock, Housing Advocate, Northwest Pilot Project*

EUMC All Church Strategic Planning

# Strategic Planning Retreat

Saturday, Nov. 11  
10:00 am - 3:00 pm

EUMC Five Priorities Five Years Strategic Plan

[REGISTER NOW](#)

## Diversity, Equity and Inclusion Training at EUMC

All members of the EUMC Administrative Board and Staff are required to be formally trained in Diversity, Equity and Inclusion. The training is provided by Archbright (Mozzo) our Human Resources consultants. EUMC is committed to inclusive thinking, acting, decision-making and dismantling systemic racism.

### Diversity Equity and Inclusion Track

The Diversity, Equity, and Inclusion track provides an overview of concepts related to the field of DEI, such as subtle acts of exclusion—also known as microaggressions—unconscious bias, and equity.

#### Included topics:

1. Being an ally
2. Best practices for supporting ERGs (employee resource groups)
3. Calling in vs calling out
4. Diversity equity and inclusion defined
5. Intersectionality part 1 – what is intersectionality
6. Intersectionality part 2 – supporting intersectionality in the workplace
7. Subtle acts of exclusion
8. The importance of pronouns
9. The role of ERGs in the workplace
10. Tokenism part 1 – recognizing the harm of tokenism
11. Tokenism part 2 – avoiding tokenism and creating an inclusive workplace
12. Unconscious bias in the workplace



The Evergreen Ensemble, under the direction of our own David Hendrix, will be performing the first concert of their new season at EUMC on Saturday November 11 at 7:00 pm. If you can't make that one, you can also hear the concert on Sunday, November 12 at Trinity Parish Church in Seattle at 3:00 pm. Click [HERE](https://www.evergreenensemble.com) for tickets and information.

# November is Native American Heritage Month

The designation of November as National Native American Heritage Month became law in 1990. There are many resources to help you explore this rich heritage.

On the national level, go to [nativeamerican-heritagemonth.gov](http://nativeamerican-heritagemonth.gov), a link to all the exhibits at the National Archives.

In Washington State, important news is the formation of a Truth and Reconciliation Commission to uncover what really happened at the Indian Boarding Schools in our state.

### Oct. 3, 2023

OLYMPIA. AG Ferguson creates Indian boarding schools Truth and Reconciliation Tribal Advisory Committee. Following the National Day of Remembrance for Indian Boarding Schools, Attorney General Bob Ferguson announced today the five members of his office’s Truth and Reconciliation Tribal Advisory Committee. They will study how Washington State can address the harms caused by the government’s historical role in the shameful legacy of Indian boarding schools.

**“These schools are not just a shameful part of our history — the trauma they**

**caused reverberates through generations of Indigenous families,” Ferguson said. “This week, we do more than just observe the National Day of Remembrance for Indian Boarding Schools. With this new committee, we start a long but essential journey toward healing.”**

On the local level, the Racial Justice Team has been talking a lot lately about what should be contained in a Land Acknowledgement statement. Another acknowledgement is to recognize that white settlers had a very different relationship to the land; that the white settler saw the land as something to be owned outright, where the Native Americans’ relationship to the land is one of stewardship. It is a Native American belief that the land should be sustained for seven generations. By taking their land, we took away more than just property, we took away their calling.

Please write to Attorney General Bob Ferguson to thank him for establishing the Truth and Reconciliation Tribal Advisory Committee and let him know we will be paying attention.



## NATIVE AMERICAN HERITAGE CELEBRATION

Saturday, Nov. 18, 4-7pm

Edmonds Lutheran Church  
23525 84th Ave W, Edmonds, WA 98026

<p style="text-align: center; font-weight: bold; font-size: 1.2em;">Cathy Baylor</p> <p style="font-size: 0.8em;">Confederated Salish, Pend O'Reille and Kootenai tribe</p> <p style="text-align: center; font-weight: bold; font-size: 0.9em;">“Indian Boarding Schools and Generational Trauma: One Family's Story”</p> <p style="font-size: 0.8em;">Free event please RSVP <a href="#">here</a>:</p>	<p style="text-align: center; font-weight: bold; font-size: 1.2em;">Pamela Seamonster</p> <p style="font-size: 0.8em;">(Čəlalákə̀m FightingWoman) Coast Salish Snohomish Nation</p> <p style="text-align: center; font-weight: bold; font-size: 0.9em;">Master Story Teller</p> <p style="font-size: 0.8em;">Followed by a meal of Indian Tacos and Corn Soup</p>
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Sponsored by Edmonds Lutheran Church, Edmonds United Methodist Church, Edmonds Unitarian Universalist Congregation

### Native American Heritage Event at Edmonds Lutheran Church

Edmonds EUMC is a co-sponsor of this free event which features Cathy Baylor, who gave this same excellent presentation at our church a year ago, "Indian Boarding Schools and Generational Trauma: One Family's Story."

Also featured is Pamela Seamonster, Master Story Teller.

A meal will be served including Indian Tacos and Corn Soup.

**RSVP [HERE](#)**



## Environmental Eating for Everyone

### Advocates for Justice – Environment Team

The holidays are just around the corner with their celebrations of Thanksgiving and Christmas which include lots of delicious but high-calorie foods—often followed by well-intentioned New Year's resolutions to eat healthier in January. The Environmental Advocates are here to help you keep that resolution with a workshop series entitled, “Environmental Eating for Everyone”.

You will learn about different ways of eating—think Mediterranean and plant-based—that taste good, are good for you, and are good for the planet! Four one-hour sessions will be offered in the chapel after the worship services on Sunday, January 14, 21, 28, and February 4.



Yummy, healthy snacks and recipes will be included! Please mark your brand-new 2024 calendars. Registration details coming soon.

## Advocates for Justice Hunger Team

Our regional food banks need volunteers! It's been said over and over that volunteers make the world go round! And we all know volunteering for an hour or two or a day makes us feel better too. Sort food, drive trucks, pick up donations, help clients—many hands make light work!

**Edmonds Food Bank (in our basement)**  
Mon. 2:30 - 6pm, Tues. 9am-12:30pm.

**Lynnwood Food Bank**, Wed. 2-6:00pm  
5326 176th St. SW, 425-745-1635

**Mountlake Terrace Food Bank**, Mon. & Tue.  
9-noon. 4700 228th St SW, 425-778-7227.

Please consider how you can do your part. Call or just show up to volunteer at a food bank near you. It will feel so good!

## Poverty 101 Workshop

You are invited to participate in a Poverty 101 workshop, hosted at Maplewood Presbyterian Church and led by Everett Gospel Mission, on Saturday, November 4th—in person! The need to understand the sources of poverty and homelessness are as important as ever, along with equipping our congregations to provide the right kind of help. This workshop will provide both.

Saturday, November 4, 9:00a.m. to 3:00p.m. Maplewood Presbyterian Church, 19523 84th Ave W. Edmonds, WA 98026

A continental breakfast and lunch will be served. There is no cost for the workshop. There will be an outdoor learning activity, so if it's raining, folks will want to wear a rain jacket or bring an umbrella.

**NOTE:** There are limited number of spaces available, so if this is of interest to you, you need to call the church office at call Maplewood Presbyterian (425-778-5248).

## The United Women in Faith Holiday Bazaar Volunteers Needed

The United Women in Faith, our ministry women's group, will host a holiday bazaar on Friday and Saturday, December 1 -2. We need some help with donations of bakery items, silent auction items, and Christmas items. We will be accepting items from now until November 28. Can you donate something you no longer want? Can you bake? Can you help? Our member numbers have dwindled, but we feel strongly about continuing this tradition. This is an annual event for us that raises money for local charities. We need some help to make this a smooth and wonderful event. The thrift shop will be open during the bazaar and donations can be accepted during regular business hours (Thurs, Friday, and Saturday, 10-2pm) when we are open.

If you have questions, please contact Gay Johnson 425-771-6569 or gajedmonds1325@yahoo.com. Bakery items will be accepted the day before the event. More information coming.



**November Movie with a Message is Moved to November 18, 4pm**

### "The Giver"

Following a calamity referred to as "the Ruin", society has been reorganized, taking away any sense of emotion, good or bad. Babies are brought into being through genetic engineering, and sexual desire is chemically suppressed. All memories of the past are held by one person, the Receiver of Memory, to shield the rest of the community. Receiver of Memory and his protégé are the only people able to see in color, which is otherwise eliminated from the community to prevent envy. The community is ruled by elders, including the Chief Elder. Jonas is an 18-year-old boy whose best friends are Asher and Fiona. On graduation day, Jonas is told that he will become the next Receiver of Memory and will progressively receive memories of history from his predecessor, the Giver. During his training with the Giver, Jonas gradually learns about the past and about joy, pain, death, and love. He stops taking his daily injections (which stop him from dreaming and thinking about Fiona, for whom he has feelings) and begins to experience emotion. In the Library.



## Church Staff

Pastor  
Donna Pritchard

Director of Worship Arts  
David Hendrix

Director of Family Ministries  
Karin Johnson

Church Administrator  
Denise Williams

Accountant/Bookkeeper  
Ellen McMurrey

Jennifer Leonov  
Office Coordinator

Sunghee Kim  
Organist

Director of Children's Center  
Natalie DeLeon

Children's Center Staff:

Laurie Brown  
Salwa Ibrahim  
Maritza Lianos  
Anna Lund  
Rachel Molloy  
Sarah Shelley  
Anna Thompson

Facilities Manager  
Kevin Danberg

Custodian  
Tony Garcia

### GUIDELIGHTS SUBMISSION

Due by the 20th of the month prior. Send to:

[diana.nielsen@comcast.net](mailto:diana.nielsen@comcast.net)

Next deadline is November 20.

Articles less than 400 words. Include a picture or graphic.

Guidelights editor: Diana Nielsen

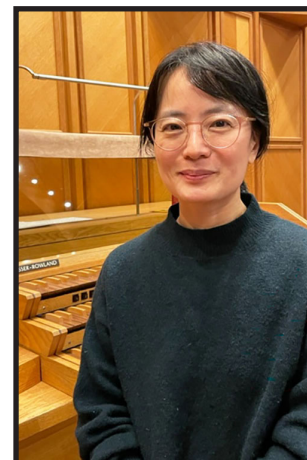
Proofreaders: Shelly Ehni, Cheryl Hay

## Welcome our Newest Staff Members



### **Jennifer Leonov, Office Coordinator**

Jennifer is the assistant to our Church Administrator and is coordinating office volunteers, and managing a variety of office tasks. She is a welcome addition to the staff.



### **Sunghee Kim, Organist**

Sunghee (pronounced Songhee) is our new permanent organist. She has a PhD in organ performance. We are excited to have her on our Music staff.



**Edmonds  
United  
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Church**

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